

# Following is Focus Worksheet

As we conclude this series, we invite you to spend time reflecting on the opportunities God is calling you to live as a focused follower of Jesus. We've given a few questions as a prompt, but there may only be a couple that stand out. So, allow the Holy Spirit to lead you as you reflect.

*"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, **fixing our eyes on Jesus**, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God."*

– Hebrews 12:1-2

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Take time to pause before God and invite the Holy Spirit to speak.

- Is there anything He has revealed to me?
  
- Is there any place in me He is convicting?
  
- Are there any doors He is closing or opening before me?

Currently, what in my life is focussed?

Currently, what in my life is like a mist?

What is one focal activity (practical) God is inviting me to:

- Awaken me to a greater reality?
- Refine my character through repetition?
- Conquer me for the Kingdom?

How can I put form to my focus through increasing my discipleship 'minutes'?

Who can keep me accountable to these changes?

How can my focal activities compliment the focus of others?

Who can I pray for and encourage?